

ENERGY LEGS INC.

Prescription Sheet: For Medical Compression Garments

Date: _____

Patients Name: _____

Diagnosis: _____

Physician's Signature: _____

Phone: _____

No Substitution Number of Pairs: _____
 Number of Refills: _____

Compression:

- 15-20 mmHg
- 20-30 mmHg
- 30-40 mmHg
- 40-50 mmHg
- 50-60 mmHg

Style:

- Knee-Hi
- Thigh-Hi
- Thigh with Attachment
- Pantyhose
- Maternity
- Sleeve

Please see next page for indications

Notes:

Energy Legs Inc.

Linda Roberts

Certified Fitter for Compression Garments

(905) 407-9092

BY APPOINTMENT ONLY

Compression Level at the Ankle	INDICATIONS
15-20 mmHg	<ul style="list-style-type: none"> • Heavy, fatigued, tired legs • Prophylaxis during pregnancy • Prophylaxis for legs predisposed to risk • Long hours of standing or sitting
20-30 mmHg	<ul style="list-style-type: none"> • Heavy, fatigued, tired, aching legs • Mild varicosities during pregnancy • Mild varicosities with minimal edema • Minimal edema upper extremities • Post-sclerotherapy of small veins
30-40 mmHg	<ul style="list-style-type: none"> • Moderate to severe varicosities with mild edema during pregnancy • Mild varicosities during pregnancy • Post fracture • Post traumatic edema • After sclerotherapy or phlebectomy of larger veins or after vein stripping to maintain treatment success • Primary venous ulcer treatment • CVI Grades I and II* • DVT or Post Thrombotic Syndrome • Mild primary lymphedema after decongestant therapy to maintain reduction, secondary lymphedema or moderate edema of the upper extremities
40-50 mmHg	<ul style="list-style-type: none"> • Severe varicosities • Severe edema • Primary and reversible lymphedema after decongestant therapy for reduction maintenance • Pronounced CVI (Grades I and III*) • Severe Post traumatic and Post fracture edema • Recurrent venous ulceration (Grade IIIa) • Severe Post-Thrombotic Syndrome
50-60 mmHg	<ul style="list-style-type: none"> • Primary lymphedema after decongestant therapy for reduction maintenance • Severe Post-Thrombotic Syndrome (PTS)

CONTRAINDICATIONS

- Arterial insufficiency, intermittent claudication, ischemia
- Uncontrolled congestive heart failure
- Acute dermatitis, weeping dermatosis, cutaneous sepsis

CAUTION

- Signs of infection
- Extensive venous ulceration
- Skin sensitivities or allergies
- Neuropathy
- History of diabetes
- Confinement to bed or non-ambulatory use unless otherwise prescribed by the physician