



## Questionnaire: Do I have venous disease?

If you answer "Yes" more than once in each section, consult your doctor

	YES	NO
<b>RISK FACTORS...</b>		
Does your family have history of venous diseases?		
Do you sit or stand for extended periods of time?		
Are you taking oral contraceptives?		
Have you been pregnant multiple times?		
Have you ever been diagnosed with Diabetes?		
<b>SYMPTOMS A...</b>		
Legs feel heavy in the evenings		
Legs swollen in the evenings		
Legs feel tired in the evenings		
Pain or discomfort in the legs or feet		
Calves feel tender to pressure		
Spider veins		
Varicose veins		
<b>SYMPTOMS B...</b>		
Pain in the leg when coughing		
Pain in your feet when walking		
Painless ulcers		
<b>SYMPTOMS C...</b>		
Stripy inflammation		
Discoloration on legs or feet		
Painless swelling over instep of foot		
Numbness in legs or feet		
Cold feeling in legs or feet		